



The Rocky Road to

Love

Your love is one of a kind, so why settle for the same old flowers and candy this Valentine's Day? Instead, deliver a bouquet of flavor with delicious Rocky Road Popcorn Clusters. Packed with texture and taste — sweet, salty, creamy, smooth — this easy-to-make confection is sure to delight your sweetheart's senses.

And, because they're made with popcorn — a healthful whole grain (fiber) naturally low in fat — these treats are one little indulgence with a heart-healthy core. Put them in a pretty patterned tin, or, wrap them in wax paper and tuck them in a gift bag.

This recipe also makes a great after-school project for kids. Just make sure an adult supervises the microwave, and young chefs

will have a blast cooking up some love for mom and dad. If allergies are an issue, simply omit the walnuts.

Best of all, you can whip up a batch in just 15 minutes — which leaves you plenty of time to compose the perfect love poem!

Rocky Road Popcorn Clusters

Makes: about 3 dozen

Preparation time: 15 minutes

Ingredients:

- 1 bag (6 oz.) semi-sweet chocolate chips
- 1 teaspoon vegetable oil
- 4 cups popped popcorn
- 1-1/2 cups miniature marshmallows
- 3/4 cup chopped walnuts

Directions:

1. Place chocolate chips in a small microwave-safe bowl. Heat in microwave on HIGH 1 minute, until melted. Stir in oil.
2. Place popcorn, marshmallows and walnuts in large bowl. Pour chocolate over mixture, tossing to coat.
3. Drop mixture by tablespoonful onto wax paper-lined jellyroll pan.
4. Refrigerate until firm, about 2 hours or overnight.

